

FALLS & BALANCE



South Eastern
Private Hospital

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Whether you are a little, or extremely unsteady on your feet, South Eastern Private Hospital has a structured yet personalised approach to helping you overcome this life-altering condition.

If you have had a fall, trip or a slip, have lost confidence in your mobility or are experiencing decreased balance or strength, then you are suitable for this program.

Our six-week program will work to transition you from unsteadiness to stability and can be offered in a personalised approach taking you from fundamental balance therapies to those more challenging as you progress through your care with us.

HOW TO ACCESS THE PROGRAM:

Referrals from your GP or your treating specialist can be forwarded to:

- Fax: (03) 9549 6323
- Email: sephrehab@healthcare.com.au

For further information please call:
Ph: (03) 9549 6438

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