

# TRAUMA REHAB



South Eastern  
Private Hospital

# TRAUMA REHABILITATION PROGRAM

South Eastern Private Hospital offers specialised inpatient and day patient programs that are structured yet personalised to help facilitate a smooth and safe transition back to full function and independence.

You will have access to all specialties including: medical, nursing, physiotherapy, aquatic physiotherapy, occupational therapy, exercise physiology, psychology and psychiatry. We will work with you to achieve your goals as set with your multidisciplinary team.

## **Day Program structure:**

- Two to three hours of therapy
- Two days per week over 6 weeks
- Individualised home exercise program

## HOW TO ACCESS THE PROGRAM:

Referrals from your GP or your treating specialist can be forwarded to:

- Fax: (03) 9549 6323
- Email: [sephrehab@healthcare.com.au](mailto:sephrehab@healthcare.com.au)

For further information please call:  
Ph: (03) 9549 6438

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